

To celebrate International Women's Day

**Ciné-ONU Brussels, Vienna and Geneva**

invite you to the online screening of the movie

## **The Heat – A Kitchen (R)evolution**

(by Maya Gallus, 2018, 75 min)



**Wednesday 10 March, 7pm (CET)**

### **Panellists**

- **Maya Gallus**, Director of *The Heat: A Kitchen (R)evolution*
- **Isabelle Arpin**, Michelin Star chef based in Brussels
- **Dagmar Schumacher**, Director, UN Women Brussels Office
- A representative of the Directorate-General for International Partnerships, European Commission
- **Caroline Petit** (moderator), Deputy Director, United Nations Regional Information Centre

### **How to Participate:**

The event involves an online screening of the award-winning film: *The Heat: A Kitchen (R)evolution*, followed by a panel discussion.

**Step 1:** Register for the event by **5pm (CET)** on the **8th March** by clicking [here](#).

Once you have registered, you will automatically receive a Zoom link.

**Step 2:** At **7pm (CET)** on **10th March**, click on the Zoom link to join the event.

After a short introduction by the film's director, **Maya Gallus**, and **Sietske Steneker**, Director, UNFPA Brussels Office, the link to the film will be shared. After watching the film, join us for the discussion using the same Zoom link.

If you have any problems with the screening, please contact us at [info@cineonu.org](mailto:info@cineonu.org).

### **SYNOPSIS:**

Restaurant kitchens are a pressurized stew of brutal hours, high stress and sleep deprivation. But the familiar macho posturing of celebrity chefs has now reached a tipping point. With an influx of women at the helm of restaurants, and a younger generation unwilling to submit to the brutal conditions once considered the norm, the rules of “kitchen culture” as we know it are being rewritten. See trailer [here](#).

*Please note that the United Nations does not necessarily endorse the views and opinions expressed in films screened at Ciné-ONU events.*